

Mountain Doin's

FEBRUARY
2017

(828) 254-8539

Office Hours
10:00am - 1:00pm
Monday-Friday

info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

"Blue People" Graphic



A gathering of folks, silhouetted. In blue. A gathering of people, all sorts of people, that look just like us.

This graphic image is affectionately known as the "Blue People." Originated in January 2006, the simple graphic has come to be regarded as a heartwarming representation of the inclusiveness of Alcoholics Anonymous, a powerful and much-adored depiction of our membership. A graphic image that has also come to be synonymous with G.S.O.'s A.A. website, aa.org.

The General Service Office receives many requests like the following: "Can we use the 'blue people' graphic from the home page of www.aa.org on our local A.A. website, or on stationery, business cards, banners, or other items?"

The "blue people" graphic is a copyrighted design and trademark of A.A.W.S., Inc., with all rights reserved for use exclusively by the A.A.W.S. Board, AA Grapevine Board, the General Service Board of U.S./Canada, and the General Service Office of U.S./Canada.

– A.A. World Services, Inc., Board of Directors,
June 17, 2016 (from Box 4-5-9, Winter 2016)

AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. February 15 for the March issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Place, Suite 206, Asheville, NC 28801 or emailed to: info@ncmco.net

If you have any questions give us a call: 828-254-8539. We look forward to hearing from you!



**New NC Mountain Central Office, Inc.
Profit & Loss YTD Comparison
December 2016**

	Dec 16	Jan - Dec 16
Ordinary Income/Expense		
Income		
Contributions		
Birthday Contributions	0.00	513.00
Group Contributions	2,272.80	27,813.37
Individual Contributions	15.45	378.08
Subscriptions	21.00	21.00
Total Contributions	2,309.25	28,725.45
Interest on Money Market	0.81	8.14
Sales Income		
Literature & merchandise	2,355.62	30,641.68
Shipping to groups	27.03	460.04
Total Sales Income	2,382.65	31,101.72
Total Income	4,692.71	59,835.31
Cost of Goods Sold		
Discounts	-7.80	-132.55
Freight - vendor shipping	54.34	650.42
Literature & merchandise	1,902.30	24,915.12
Total COGS	1,948.84	25,432.99
Gross Profit	2,743.87	34,402.32
Expense		
Charitable Contributions	0.00	0.00
Copier Rental	168.72	2,128.69
Editor	120.00	1,440.00
ICOAA Conference	0.00	588.79
Insurance Expense	0.00	601.42
Office Expenses	20.00	404.55
Office Supplies	61.26	355.05
Payroll Expenses		
Payroll Taxes	102.71	1,097.55
Processing	5.25	66.50
Salary	1,342.50	13,798.00
Total Payroll Expenses	1,450.46	14,962.05
QuickBooks Expenses	0.00	196.88
Reconciliation Discrepancies	0.00	-0.01
Rent	519.00	6,183.00
Sales Tax Paid to Vendors	16.11	173.14
Shipping to groups	27.03	448.46
Stamps/Postage	66.48	837.07
Telephone & Internet		
Answering Service	121.00	1,357.50
Office Telephone/Internet	145.98	1,755.70
Total Telephone & Internet	266.98	3,113.20
Vendor Discount	0.00	-1.89
Total Expense	2,716.04	31,430.40
Net Ordinary Income	27.83	2,971.92
Other Income/Expense		
Other Expense		
Buncombe Co. Prop. Tax 2015	0.00	23.84
Buncombe Co. Prop. Tax 2016	18.56	18.56
Inventory Adjustment	0.00	0.12
Total Other Expense	18.56	42.52
Net Other Income	-18.56	-42.52
Net Income	<u>9.27</u>	<u>2,929.40</u>

February Grapevine is now available!

This month, AA members share stories of experience about Ninth Step amends.



www.aagrapevine.org

Cash on Hand as of 12/31/2016
 Money Market (Prudent Reserve)
\$10,042.17
 Operating Account (Checking)
\$6,971.68
 Rent Deposit **\$400.00**
 Petty Cash **\$50.00**

Call & Visitor Log

December 2016

12 Step Calls – 6
 General Info – 10
 Family Help – 2
 Meeting Info – 12
 Central Office
 Business – 42
 Medical/Detox – 0
 Visitors – 85



Answering Service (Operator-Asst) – 147 minutes (November)
 After-hours Phone Volunteers - 13 calls (December)





ANNIVERSARIES

2nd Chance Group - Cherokee

Leslie H. 2-21-1997 20 yrs

AVL Women's Big Book Step Study Group

Roseann N. 2-03-2010 7 yrs
Linda Q. 2-10-1990 27 yrs
Ali W. 2-12-2011 6 yrs
Keldwyn T. 2-25-1986 31 yrs

At Wit's End Group

Daniel S. 2-01-2015 2 yrs
Paul M. 2-08-2015 2 yrs
Travis R. 2-12-2013 4 yrs
Lissa M. 2-17-2009 8 yrs
Blake G. 2-26-2012 5 yrs
Jarrett M. 2-27-2015 2 yrs

Back to Basics Group - Weaverville

Brian D. 2-01-2006 11 yrs
Danny B. 2-11-2016 1 yr
Mike W. 2-24-2006 11 yrs
Phil L. 2-26-2012 5 yrs

Black Mountain Group

Kathleen K. 2-12-2012 5 yrs

Cander K.I.S.S. Group

Carol M. 2-12-1984 33 yrs
Chip C. 2-20-1986 31 yrs

Cumberland Group

Dan P. 2-09-1998 19 yrs
Billy L. 2-16-2015 2 yrs

Daily Decisions Group

Blue 2-08-2005 12 yrs
Chris R. 2-17-2016 1 yr

Fellowship Group

Barry B. 2-01-2012 5 yrs
John Y. 2-03-2015 2 yrs
Marsha P. 2-14-1987 30 yrs
Rena J. 2-22-2016 1 yr

Grace Group

Kathy G. 2-01-2007 10 yrs
Ash G. 2-02-2012 5 yrs
Joe E. 2-05-2015 2 yrs
Geoff S. 2-06-2008 9 yrs
Meghan J. 2-06-1988 29 yrs
Kristin G. 2-09-2016 1 yr
Karen D. 2-10-2009 8 yrs
Mary B. 2-10-1981 36 yrs
Jess M. 2-13-2015 2 yrs
Jerry T. 2-15-2011 6 yrs
Sabra R. 2-15-2008 9 yrs
Susan D. 2-15-1986 31 yrs
Lewis C. 2-21-2009 8 yrs
Margery K. 2-22-2004 13 yrs
AJ H. 2-23-2014 3 yrs
Cat F. 2-23-2012 5 yrs
Ashley G. 2-24-2010 7 yrs
Quinn M. 2-29-2016 1 yr

Happy Hour Group

Mike P. 2-01-2009 8 yrs
Bobbie P. 2-03-1986 31 yrs
Kent S. 2-07-2009 8 yrs
Michele C. 2-20-2016 1 yr

Hendersonville Group

Bill G. 2-12-1982 35 yrs
Warren P. 2-13-2016 1 yr
Doug B. 2-16-2006 11 yrs
Eric G. 2-18-2013 4 yrs

Mars Hill Group

Brian D. 2-01-2006 11 yrs
Mike P. 2-01-2009 8 yrs
Mike W. 2-24-2006 11 yrs
Dick Mc. 2-25-1980 37 yrs
Phil L. 2-26-2012 5 yrs
John W. 2-28-1986 31 yrs

Phoenix Group

John W. 2-06-2005 12 yrs

Serenity Seekers Group - Marion

Dean D. 2-12-2002 15 yrs
Zee O. 2-14-2011 6 yrs
Ben F. 2-16-1986 31 yrs
Christina 2-24-2012 5 yrs
Gary 2-27-2016 1 yr
Suzie L. 2-28-2009 8 yrs

Total Surrender Group

Anita K. 2-02-2016 1 yr
Eva 2-02-2015 2 yrs
April M. 2-14-2011 6 yrs
Jackie D. 2-16-2014 3 yrs
Mary S. 2-18-2012 5 yrs
Jackie L. 2-23-2015 2 yrs
Nathaniel R. 2-26-2016 1 yr

Traditional Group

Jason C. 2-06-2013 4 yrs
Josh M. 2-15-2013 4 yrs
Patrick W. 2-15-2002 15 yrs
Zac W. 2-22-2011 6 yrs
Roy M. 2-25-2015 2 yrs
Matthew B. 2-28-2013 4 yrs

United with Hope Group - Flat Rock

Kent S. 2-07-2009 8 yrs

Waynesville Grace Group

Dory B. 2-10-2016 1 yr
Nicole P. 2-10-2015 2 yrs
Laura S. 2-18-1998 19 yrs
Verda D. 2-23-2015 2 yrs

Women of Grace

Tonya K. 2-01-2013 4 yrs
Suzy L. 2-28-2009 8 yrs

Need to update your Group's anniversary list?

Call Central Office 828-254-8539 - or send a new list to:

info@ncmco.net March newsletter deadline for sending in anniversaries and announcements is February 15.

Anonymity at the public level

After its first few years of success, the Fellowship attracted much favorable attention in the press. Articles praising A.A. appeared in magazines and newspapers across the country. With each new article, the ranks of A.A. grew. In those days, everyone still feared the consequences of public disclosure; and so the first press coverage guarded members' anonymity for safety's sake.

As public awareness concerning alcoholism increased, the stigma decreased, and soon some A.A. members began to publicly acknowledge their affiliation in the media. One of the first to do so was a famous ballplayer whose comeback was so spectacular that newspapers lavished attention on his successful struggle against alcohol. Believing that he could help A.A. by revealing his membership, he discussed it openly. Even 7 of the founders of A.A. approved his actions simply because they had not yet experienced the costs of such publicity.

Then other members decided to break their anonymity in the media — some motivated by good will, others by personal gain. Some members devised schemes to tie in their A.A. affiliation with all sorts of business enterprises, insurance, sales, places known as “drying-out farms,” even a temperance magazine, to name a few. It did not take long for those at A.A. headquarters to realize that overzealous and self-serving anonymity breakers could quickly jeopardize the Fellowship's hard-won reputation. And they saw that if one person was made an exception, other exceptions would inevitably follow. To assure the unity, effectiveness, and welfare of A.A., anonymity had to be universal. It was the guardian of all that A.A. stood for.

More recently, the arrival of new forms of electronic communication such as social networking offers fresh vehicles to carry the A.A. message to the public. Modern communication flows in ways that are high-tech, relatively open ended and evolving quickly. Protecting anonymity is a major concern for A.A. members who are accessing the Internet in ever-growing numbers.

In stressing the equality of all A.A. members — and unity in the common bond of their recovery from alcoholism — anonymity serves as the spiritual foundation of the Fellowship. Back in 1946, Bill W., our co-founder, wrote: “The word ‘anonymous’ has for us an immense spiritual significance. Subtly but powerfully, it reminds us that we are always to place principles before personalities; that we have renounced personal glorification in public; that our movement not only preaches but actually practices a true humility.”

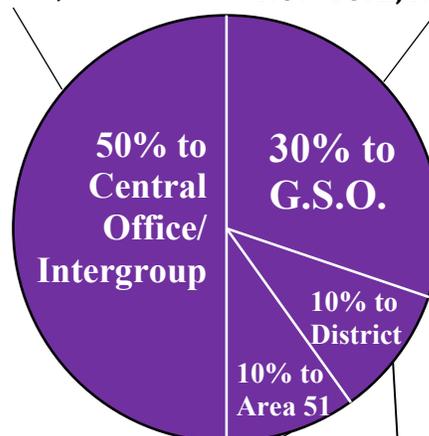
- from the pamphlet *Understanding Anonymity* Copyright © 1981, 2011
Alcoholics Anonymous World Services, Inc.

Suggestions for Group Donations to the A.A. Service Structure*

* from the pamphlet “Self-Support: Where Money & Spirituality Mix.” Recommendations for other percentages are also in the pamphlet.

NCMCO
70 Woodfin Place,
Ste 206
Asheville, NC 28801

General Service Office
Grand Central Station
PO Box 459
New York, NY 10163- 0459



Area 51 NCGSC
Treasurer
PO Box 1181
Burlington, NC 27216

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
3486 Silver Creek Rd
Mill Spring, NC 28756

District 80 Treasurer
91 Lullwater Cove,
Cullowhee, NC 28723

CONTRIBUTIONS

December 2016

	Dec.	YTD/2016			
			Recovery at 6		\$40.00
			Recovery by the River 674-892		\$543.46
			Roundtable Group		\$37.50
			Rule 62 Group		\$330.92
11-11-11 Meeting		\$88.00	Safe & Sound 645-654		\$100.00
12 & 12 Study Group		\$148.00	Saluda Back to Basics Group	\$25.00	\$65.00
2nd Chance Group - Cherokee	\$60.00	\$260.00	Saturday Morning Men's Meeting	\$35.00	\$475.00
4th Dimension Group		\$50.00	Serenity Now - Bryson City		\$75.00
Acceptance Group 122-477		\$1,255.63	Serenity Seekers - Marion		\$87.50
Anonymous		\$976.80	663-204		
Around the Room Group		\$59.56	Serenity Services 110-498	\$25.00	\$300.00
AVL Big Book Step Study Grp 637-843		\$68.75	Skyland 12&12 Group		\$275.00
AVL Women's Big Book Step Study		\$62.00	Skyland Big Book Group		\$125.00
703-990			693-372		
At Wit's End Group		\$247.80	Sunshine AA Group 163-759		\$100.00
Back to Basics Grp - Weaverville		\$200.00	Surrender Group - Black Mtn.		\$445.00
147-139			The Principles Group 675-162		\$63.75
Big Town Group 671-200		\$736.28	There Is A Solution Group	\$87.50	\$87.50
Black Mountain Group 117-117		\$84.00	Total Surrender Group		\$200.00
Burnsville Group 135-171	\$200.00	\$200.00	Tryon 12 & 12 Group 690-877		\$21.78
BYOC - Bring Your Own Coffee	\$33.00	\$602.71	Tryon Monday 5:30 Meeting		\$350.00
Candlelight Meeting		\$25.00	United With Hope Group		\$287.00
Candler KISS Group 163-148		\$374.00	719-052		
Cashiers Valley Grp 122-589		\$783.78	Waynesville Grace Group		\$1,600.00
Chunn's Cove Men's Association		\$55.00	110-692		
Conscious Contact (Asheville)		\$1,582.12	We Think Not Group 700-411		\$128.50
Cumberland Group 122-472		\$75.00	West Asheville Group 110-501	\$145.00	\$145.00
Daily Decisions 643-869		\$1,190.00	Women of Courage		\$503.75
Daily Reflections - Fletcher 709-852		\$118.45	Women of Grace		\$126.00
Daily Reprieve - from fear to Faith		\$100.00	Women of Principles	\$90.00	\$130.00
Day by Day Group 159-058		\$1,571.00	Working at Recovery		\$68.50
Dry Dock Group		\$40.00	Young People's Group 645-646	\$51.69	\$281.86
Early Bird Group 612-780		\$62.00			
Fellowship Group 655-542		\$350.00			
Fireside Group 655-046	\$475.00	\$735.00	Total Group Contributions:	\$2,272.80	\$27,813.37
Good Livers Group 666-360		\$375.00	Individual Contributions:		
Grace Group of Asheville 161-970	\$677.45	\$2,035.57	Anonymous	5.45	\$42.08
Happy Hour Group 169-182		\$74.11	Bob P.		\$200.00
Happy, Joyous & Free Group		\$75.00	Laurie W.		\$16.00
Heart Fire Group	\$62.59	\$62.59	In Memory of B.G.	10.00	\$120.00
Hendersonville Group		\$157.00			
High Noon Group 689-080		\$210.00	Total Individual	\$15.45	\$378.08
Higher Power Tower Hour		\$185.00	Contributions:		
Joy of Living - Blk Mtn 629-397		\$220.00	Birthday Contributions:		
Joy of Living - Brevard 669-820		\$125.00	Anonymous		\$272.00
Kanuga Group 645-767		\$181.00	Chuck A.		\$20.00
Lambda Group 617-035	\$130.00	\$339.00	Elizabeth H.		\$20.00
Leicester Group 143-417		\$100.00	Monica G.		\$170.00
Library Group 672-283		\$50.00	Sandy F.		\$31.00
Love & Share Group 716-957	\$100.00	\$473.82			
Maggie Valley Group 158-950		\$150.00	Total Birthday Contributions:	\$0.00	\$513.00
Mars Hill Group 130-895		\$200.00	Mountain Doin's Subscriptions:	\$21.00	\$21.00
Marshall Group 110-489		\$60.00			
Men's Attitude Adjustment Grp 670-805	\$50.00	\$150.00	Grand Total	\$2,309.25	\$28,725.45
Mid Day Grp (Hendersonville) 143-420		\$1,317.10			
Mill Spring Group		\$15.00			
Monday Night Open Meeting	\$25.57	\$432.59			
Mountain View Grp (Highlands)		\$982.00			
110-598					
New Freedom Group 700-124		\$400.00			
Newcomers Group - Flat Rock		\$0.08			
Newland Serenity (Linville Mtg.)		\$3.70			
Original Way Group		\$7.00			
Pisgah Group		\$338.91			

Note: If you think there is a contribution missing from your group total, please let us know. Though we try our best to get donations listed correctly, we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you for your generous support!

MEETING UPDATES: Districts 70 • 71 • 80

New Meetings:

Brevard: Women's Beginners Meeting:

Saturday 9:00am (W,O,D) Davidson River Presbyterian Church, 249 E. Main St, Brevard 28712

Meeting Changes:

Brevard: Cashiers Valley Group: Thursday 8:00pm. (O,D) We had this meeting listed on Friday by mistake. (There is a meeting on Friday at 8:00AM) Church of the Good Shepherd (across from High Hampton Inn) 1448 NC Hwy 107S, Cashiers, 28717

Discontinued Meetings:

Asheville: Room 301 Meeting: Tuesday, Thursday, and Saturday 7:00am. (O,MT) Room 301, 1st Congregational United Church of Christ, 20 Oak St. Meetings have been discontinued.

Fletcher: Fellowship Group – Women's Meeting: Saturday 11:00am. (W,C,D) Calvary Episcopal Church, 2840 Hendersonville. Meeting was discontinued in October.

Mills River: The following meetings which used to meet at the Mills River House, 181 Oren Drive, have been discontinued: **Step Sisters** – Sunday 6:00pm; **Friday Night Live** – Last Friday of the month 6:00pm; **Last Call Group** – Saturday 10:00pm.

Meeting Spaces Available:

• St. George's Episcopal Church, One School Road, Asheville, 28806 has space and times available for meetings.

• 1st Christian Church, 470 Enka Lake Rd, across from high school, Enka-Candler area. Available all days except Sunday morning & afternoon. Handicap accessible.

• Barnardsville United Methodist Church, 7 Church Hill Rd (off Dillingham Rd). Fellowship Hall can seat 30-40 people. Smaller room in parish house available in future.

For contact information call Pam at Central Office – 254-8539.

Meeting Format Codes

(All meetings are non-smoking unless noted otherwise.)

AB	As Bill Sees It Discussion
AG	Agnostics
AN	Anniversary
BB	Big Book Study
BBSS	Big Book Step Study - 1½ hrs
BG	Beginners
C	Closed
D	Discussion
DR	Daily Reflections
ES	Eleventh Step
G	Gay
GV	Grapevine
HA	Handicap Accessible
LS	Literature Study
M	Men only
MT	Meditation
NC	No Children
O	Open to anyone
SL	Speaker Lead
SN	Spanish
SM	Smoking
SP	Speaker
SS	Step Study
TR	Tradition Study
W	Women only

The Service Express

February newsletter deadline for sending in announcements is **March 15th**.

District 70: ashevilleaa.org

Next **District 70 GSR Meeting** - usually held the 2nd Sunday of the month. The next meeting is scheduled for **February 12, 2:30pm**, at St. Luke's Episcopal, 219 Chunns Cove Rd, Asheville
District 70 is still in need of new Secretary and District 70 Trustee (liason to the central office).
If you are interested in either of these service positions please attend the meeting in February.

Service Committees Meeting – held the last Tuesday of odd-numbered months. Next meeting is Tuesday, **January 31, 6:00pm**, and then on **March 28, 6:00pm** at Trinity Episcopal Church, 60 Church St, Asheville 28801.

Bridging the Gap (with treatment facilities) Attend the Service Committees Meeting or contact the TFC Chair at www.ashevilleaa.org; the BTG Chair or co-coordinator at bridgingthegap.asheville@gmail.com or www.btgww.org

District 70 has a new, improved, awesome website!

Still the same address – ashevilleaa.org – but with a whole new look. (If you have trouble accessing the new site, you probably need to clear your history, otherwise it won't work.) It is still a work in progress – all the meetings have to be entered one at a time – but each day more and more meetings are added and with the newer version you will be able to search by day, place, type, time, etc. In the meantime, for locations that do not yet show meetings, there is a pdf of the current *Where & When* meeting list. And there are meeting mobile apps for iOS and Android. Congratulations to the new webmaster. This has been a huge undertaking. Well done!

District 71:

GSR Meeting – held the 2nd Saturday of odd-numbered months. The next meeting will be **Saturday, March 11, 1:00pm** at 1620 Willow Rd, Hendersonville. All interested AAs are invited to attend.

District 71 is in need of a Secretary, Grapevine Chairperson and H&I (Hospitals & Institutions) Committee Chairperson. If you are interested in one of these service positions please attend the meeting in March.

Correction Facilities Committee meets the 2nd Saturday of even-numbered months. Next meeting: **Saturday, February 11, 1:30pm**, 1620 Willow Rd, Hendersonville.

The Corrections Committee is still in need of men volunteers to go into the Henderson County Detention Center. District 71 volunteers go in on Monday nights at 7pm. The Henderson County jail requires a training (1-2hr) that everyone must attend before entering the jail. They just had a training in January but hopefully there will be another in the next few months. All who are interested in participating in this vital service please attend the Corrections Committee meeting in February or call Central Office – 828-254-8539 – for contact information.

District 80: aawnc80.org

GSR District Meeting will be **Sunday, April 23, 1:30pm**, Jackson County Family Resource Center, 1528 Webster Rd. Webster, NC 28788.

District 80 is in need of a new Grapevine Chairperson. If you are interested in this position please attend the next meeting in April.

CORs / NCMCO: aancmco.org

Next NCMCO Board Meeting:
Thursday, February 9, 6:00 pm, 70 Woodfin Place, Suite 212, Asheville, 28801

Next combined COR/NCMCO Board Meeting:
Thursday, April 13, 6:00 pm, 70 Woodfin Place, Suite 212, Asheville, 28801

SPECIAL MEETINGS AND EVENTS

NOTE: NCMCO is not responsible for the content of posted flyers or external internet links.

- **53rd International Women's Conference:** February 16-19. Renaissance Cleveland Hotel, 24 Public Square, Cleveland, OH 44113. Online pre-registration is closed but see website for additional registration and hotel options: www.internationalwomensconference.org
- **"Freedom from Bondage XXIX" – Area 51 AA Corrections Conference:** March 10-12. Hampton Inn & Suites, 200 Columbus Dr, Aberdeen, NC 28312 (just off US 15-501 Hwy) For more information, email: corrections@aanorthcarolina.org (see flyer)
- **Spring Annual Housecleaning Spiritual Retreat for AA and Al-Anon:** March 10-12. Lake Yale, Leesburg, FL. For more information and registration for, visit website: www.retreatforaa-alanon.com
- **22st Annual Oak Island Lighthouse Retreat:** May 12-14. Oak Island, NC. For more info and registration form, visit website: www.oakislandlighthouse retreat.com

For NC Area 51 Conferences and Events go to: www.aanorthcarolina.org

For other events around the country/world go to the www.aa.org website – Box 4-5-9 Bulletin Board: www.aa.org/newsletters/en_US/en_box459_holiday16.pdf





When – March 10th-12th 2017

Where – Lake Yale, Leesburg FL (See map - central FL)

Website – www.retreatforaa-alanon.com

*** Website has on-line registration and Printable registration form**

Contacts available on web page



"FREEDOM FROM BONDAGE XXIX"

Area 51 AA Corrections Conference

March 10, 11 & 12, 2017

Hampton Inn & Suites
200 Columbus Dr.
Aberdeen, NC 28315
(Just off US 15 501 Hwy)

Pre-registration for conference

\$15.00 per person before February 24, 2017
\$18.00 at the door

Hotel registration

Hampton Inn & Suites
200 Columbus Dr.
Aberdeen, NC 28315

Room reservations:

(910) 693-4330 -or- online at:

http://hamptoninn.hilton.com/en/hp/groups/personalized/S/SNPNCHX-FFB-20170310/index.jhtml?WT.mc_id=POG

Code: **FFB**

Rate: \$96-Standard Room, \$106-Studio Suite

Cut-off for special rate: February 22, 2017

Agenda

- Speakers
- Panels
- Workshops
- Fellowship
- All the coffee you can drink!
- "Sweet Thangs"

For more information

E-mail: corrections@aanorthcarolina.org
919-819-2807

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Freedom From Bondage XXIX

Area 51 AA Corrections Conference

Pre-registration rate before February 24, 2017 – \$15.00

Make checks payable to:
CFC and mail to CFC
P.O. Box 263
Angier, NC 27501

Name: _____ Name on Badge: _____

Name: _____ Name on Badge: _____

Address: _____ City: _____ State: _____ Zip: _____

Telephone: (____) _____ - _____ E-mail: _____

of AA's: _____

Oak Island Lighthouse Retreat

May 12, 13, 14, 2017

Fellowship & Serenity at the Sea

Complete Plan

Two Night Stay • Five Meals

\$177.00 per/person

Day Registration - \$30.00 per/person • No Meals
Includes all meetings & functions for the weekend

- Three AA Speaker meetings • Al-Anon Speaker meeting
- Ice Cream Social • Music • Tour of Fort Caswell

REGISTER and PAY ON-LINE (Secure PAYPAL)

Download and print registration forms at

www.oakislandlighthouseretreat.com

The Oak Island Lighthouse Retreat celebrates each year in a small - intimate setting, at the tip of Oak Island, where the Cape Fear River and the Atlantic Ocean come together. We are on the grounds of Fort Caswell which is listed in the National Register of Historic Places and dates back to the 1830's. Our seaside accommodations are just steps to the beach.

Great Recovery & Fellowship
Good Speakers and Meetings
Small/Intimate Group (about 200)
Low Key atmosphere by the Sea.

Speakers : Jerry S. - Greensboro, NC AA (Friday Night) • Mary Ann T. - Jamestown, NC AFG (Saturday Morning) • Bob M. - Greenville, SC AA (Saturday Night) • Libba M. - Greenville, SC AA (Sunday Morning)

Registration - Fill out for EACH person you are registering - Overnight Stay or 3-Day Registration

Cut out form and mail (with your payment) to Oak Island Lighthouse Retreat, PO Box 235, Oak Island, NC 28465

Name 1		M	F	Name 2		M	F
Address _____				Address _____			
City _____	State _____	Zip _____		City _____	State _____	Zip _____	
Phone _____				Phone _____			
Email _____				Email _____			
Name Tag _____				Name Tag _____			
Special Request: (Roomate, etc.) _____							
REGISTRATION TYPE	# PERSONS	TOTAL \$					
Complete Plan - \$177.00 or Deposit of \$87 Per Person							
3-Day Registration - \$30.00 Per Person							
TOTAL ENCLOSED							

Overnight Registration: Lodging is motel-style. Friday check-in is at 4 p.m. Dinner is at 6 p.m. First meeting is 8 p.m. Deposits are non-refundable after May 1st. Advance payment of Day Registration fee is encouraged as meeting space may be limited. **Make Checks Payable to: Oak Island Retreat**



ASHEVILLE 12 STEP RECOVERY CLUB

2017 Dinner and Workshop Series

Sunday, February 26th - “**SPONSORSHIP**”
with Steve S.

Sunday, March 26th - “**MINDFULNESS AND THE 12 STEPS**”
with Brack J., PhD, LPC, CCS, LCAS, RN, LMFT

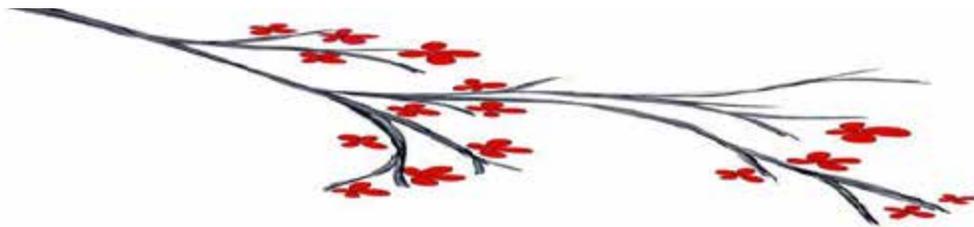
Sunday, April 30th – “**RELAPSE PREVENTION**”
with Lisa W., MBA, CSAC-R

3:30 PM: WORKSHOP

5:00 PM: DINNER & FELLOWSHIP

6:00 PM: AA MEETING

Join us for food, fellowship, and an informative workshop series designed to help your recovery flourish!



**370 North Louisiana Avenue, Unit G-4
Asheville 28806**